### EXPERIMENTALL RECEIPTS

OF

# EDWARD FOUNTAINE

For the Cure and Ease of some Pains and Diseases, some for Profit, and the rest for Recreation.

The Professor hereof is one of his Maje.

sties Operators, and a House-Keeper
in the Strand hard by the

May-Pole.

Note that he is the same that made himself so Famous upon London-Bridge for many years together.

Printed at London 1661.

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# Experimentall Receipts.

#### An excellent Antidote against Melancholly.

Purging syrup of Apples 3 ounces. Syrup of Bawme 2 ounces. Syrup of Epithimum 2 ounces. Syrup of Hatts-Tongue 1 ounce. Syrup of Bheubark 1 ounce. Venice-Treacle half an ounce. Oyl of Nutmegs 1 dram. Gold 8 grains. Borage-water 2 ounces. Beazar-water 1 ounce. Mix all together, and take half a dram of Saffron, and Scena, and 2 or 3 grains of Amber-greece, and lay it in a clear linnen Cloth, and let it lye in the bottom of the graffe, and stop it close; you may take a spoonful at Night, or more, and 2 or 3 spoonfuls in the Morning, in a glasse of White-wine warm, and walk an hour after it.

A most rare powder to keep teeth from perishing, to fasten loose teeth, to restore the Gums wasted, to keep teeth white, or prevent tooth-ache, and make a sweet breath; It is the same I sell and use.

3. For the Tooth ache.

If the Tooth be hollow, wet a lettle Cotten in the essence of Cloves, or in the Oyl of Sulphur, or Originum, and put it into the hollow tooth, it easeth.

4. Tooth-ache of a hot cause.

Boyl the root of Henbane in white-Wine Vinegar; bruise the root, and hold it between the Teeth, as hot as the party can suffer it, and hold your head over the sume of it, and keep your head warm, it wonderfully easeth.

5. A remedy to take away Corns.

Take black Soap and Snail; of each a like quantity; stamp them together, spread it on Leather, and renew it every fourth day for a formight; it cureth.

6. Another absolutely for Corns.

Pare the Corns very neer, but fetch no blood; then drop a drop of Oyl of Sulpour upon the head of it; then dress it with oyl of Balsom; bind it close with a piece of thin Leather. Dress it often till it be whole.

7. How to take away Warts.

Take Orpiment, Quick-lime, and Vinegar; make a Plaister, and lay it on the Wart; but make a desensative about the wart; that it touch not the skin.

8. An easie way to take away Hair from any place without cutting.

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Take unflaked Lime; steep it in a little water; then take two parts of the said Lime, and one part of Opimentum; make them together in form of a paste, apply it to the place till it be somewhat dry; then take it off, and the Hair will come away with them very easily, then wash the place with Rose-water, and anoint it with Oyl of Roses, or Unguentum Album.

9. How to make Hair to grow.

Take halfe a pound of Aqua-Mellis, in the Spring time of the year; warm a little of it every morning when you rife, in a fawcer, and tye a little spunge to a fine Box-comb, and dip it in the said water, and therewith moisten the roots of your Hair in combing it, it will grow thick and curled shortly.

11. How to take the spots of Oyle or Grease out of Cloaths.

Take the bones of Sheeps-seer, burn them almost to ashes: and bruise them to Powder, and put it upon your spots, and lay a'l before the Sun when it shines hottest; when the powder becomes black, lay on fresh in the place, till it suck out the spots; which is done in very short time.

14. A good way to make your bands fair and smooth.

Steep bitter-Almonds a Night in Rose-water and Vinegar, and peel them, and beat them very well in a Morter with 3 or 4 yolks of Eggs; use this past to wash your face and hands often, it will make your skin smooth and fair; Also to wear Dogs-Leather Gloves fine and thin rubbed, well before a fire with some sweet Oyls: as Oyl of Herodium, Oyl of Roses, Oylof Almonds, is very good to keep your hands white and smooth.

How to make a Powder that will make good Ink in an instant, and holden

between the Teeth will ease the Tooth-ach.

Take Galls and Copporas, as much of the one as the other, beat it into powder, put into it water, and on a sudden it will be very good Ink. Likewise, if you strew of the same powder upon the white paper, and write thereon with fair water, the letters will appear presently black.

How to write your name on paper, and to burn the paper, and the letters

to appear on the back of your hand.

First write the name on a small piece of paper, then privately write the same Letters on the back of your hand, with a pen-full of your bwn urine, which none can perceive: then burn that paper, and as it is almost burnt clap it upon the back of your hand, and rub it, and there will strangly appear the same letters on the back of your hand, with admiration to the beholders.

21. A remedy for any that are troubled with Lice, or Nits, or Itch.

Take Lawrel-Oyle, or Oyle de-bay, an Ounce; halfe an Ounce of Quic-filver well killed: mix it together, and anoint where the Vermin is, and you shall be suddenly eleared from all such things.

How to rost a Capon, carried in a budget at a saddle bow, in the space of riding

Having made it ready and larded it, stuffe it with Butter, thenhear a piece of steel which may be formed round according to the length of the capon, and big enough to fill the belly of it; and then stop it with butter, then wrap it up well, and inclose it in a box in the budger, and you shall have your defire. It is said that Count Mansfield served himself with no others, but such as is made

made

ready in this kind; for that loofeth none of its substance, and it is dressed very nearly.

25. To make Peafe leap out of the Pot as if they were mad.

Put a Quill'or two of Quick Silver into the pot, and all the peafe shall leap out of the pot.

29. How to make yellow Ink.

Take Saffron and Argill, and temper it with Gum-water, and it will appear perfect yellow.

30. How to make green Ink.

Take Verdigrease and Argile, grind them together on Marble stone with a Moldor, temper it together with Gumewater, and it will be a persed green.

Take a Bullocks Gall, Black Soap, Aqua-vitæ, oyle if Spike, boyl it together, and rub it warm. Probatum.

35. A very good Oyntment for Ache or Pain.

Take Rosa-solis, Sallet oyl, and Nears-soot-oyl, a little oyle of Spike; boyl it together, anoing the place with it before the fire.

26. A very good plaister for an Ache, Bruise, or Strain.

Take an ounce of Oxyerotia, half an ounce of Burgundy-pitch, half an ounce of stone-pitch, a dram of Galbanum, a quarter of an ounce of Deer-suet, a quarter of an ounce of Wax, a dram of Eusorbium, half an ounce of Neats foot Oyl; melt it gently together, and make a Sear cloth.

39. How to catch Crows, Kites, Magpies, Jackdaws,

Take a piece of raw flesh, or Liver, make it in small pieces, that they may swallow ir, then take the powder of Nux Vomica, make holes in the flesh, put in the same, and lay it where they haunt: and presently after they have eaten of ir, they will rake to a tree as soon as they can, suddenly totter and fall down, where you may with your hands easily take them, but they will quickly recover again.

40. To make a blown bladder dance and skip about

the Room.

Take Quick filver in a Bladder, and lay the Bladder in a hor place; and it will afterwards skip from place to place.

41. To make a penny Loaf to tumble up and down of it self.

Take a Quill of Quicksilver, and put into a very hot loaf, and it will tumble and skip about the Table of it self.

42. To make a Ring dance on the Table of it self.

Fill a hellow ring of Quickfilver, and hear it in the fire, and throw it on a Table, and it will dance and skip about the Table, without touching.

44. A fine conceit, to clear a room of drunken or rude

company.

Take a Chafindish of clear Charcoals, or live Wood coals; throw Giney pepper on it, and put it under the table, and they will both cough, sneez, fart, and spew

spew, if they have drunk hard. You may do the like with Affa fadita, and Euforbium. The same put into a hollow Tooth, easeth the pain.

To do this, take the tops of Nettles when they be feeded, and keep them dry, and give a little of the same with Bran, or Barly ground, wet with Beef-broth or strong Beer: and mix good store of Hemp-seed with it, and give to your Hens, and they will lay you Eggs all the winter long.

27. To make the Oyntment for Burns and Scalds, and for all inflamations, coming of bot Causes.

Poblar buds I pound, flower of Violets and Navel-worr, ana. 3 Ounces, fresh Swines-grease 3 pound, the tops of Rasberies, the leaves of black poppies, Mandrake, Henbane, Night-shade, Lettice, Housleek, Burdake; of each three ounsees, Sheeps-dung a handful, dwarfe-Elder a handful, stamp alrogether in a morter, insuse it in a pound of Rose-water, boyle it, and strain it, put an ounce of Bees Wax to it, make it an Ointment according to Art.

How to write letters of secrets several ways that can be read by none without this instruction following.

Take fine allom, beat it small, and put a reasonable quantity of it into a little water, then write with the said water the which writing cannot be read, but by steeping your paper afterwards in fair water.

How to make Hair of any coleur to become black.

Take a little Aqua Fortis, put therein a Groat or Six pence, according to the quantity of the foresaid water, then set both to dissolve before the fire. Lastly, dip a little spunge in the said water and wet your beard or hair therewith, but touch not the skin.

How to make Roots to have what proper form you will on them.

To do this, take such green Roots which be big, like as be the Briony-roots, Radish-roots, and Rape or Navew-roots, and of any of these roots cut and grave as you list, and after put the same into the Earth, letting it there so long remain, until the same carving be covered with a skin, and on such wise may you make the counterfeit Mandrakes, in fashioning in the Briony-roots, as both Mattheelus and Cardane do write, the form of a man with a penknise; and setting the same root againe into the Earth, with the head

head of the root turned downward, and a little Barley under it which after will clear and hang fast into the head of the root, and appear like unto hair growing out of the same.

Lac Virgineum.

Take Allome four Ounces, boil it in a quart of spring-water, to the third part; after-wards take of Litharge beaten into fine powder half a pound, White-wine Vinegar a pint and a half, boyl it to a pint, strain both the waters, then mix them together, and stir them about til they are white. It takes away pimples, read-nesse, and sun-burning, the face being washed with it.

My Powder or Preservative for Teeth which I give forth.

VVet your Finger and dip it in my powder, or preservative for Teeth, rub them therewith in a morning, and gargle your teeth with faire water after it; doe this once week, and you shal find that it is good to divert a Rheume from them, and to keep them fair and white.

I have some things extraordinary, which I cannot communicate to any but

them that have need of my help, and will make use of me.

What I have writ here, is very good and necessary; yet know my manual operation excels them beyond proportion, in which I presume to be as expert in, as any man in Europe whatsoever he be; as the approbation of some of the best Doctors of this Age shal justifie if need require.

I glory not in knowing or doing much, but in doing that little which I un-

derake, And the things which I undertake, are thefe :

First, I draw our hollow Teeth or Roots though never so short, with won-derful dexterity, facility and ease.

I make even, smooth, and plain, Teeth that are extravagant or sharper, long-

er, or ruggedder then the rest.

Hollow teeth that for some reason you would not have drawn, as the falling in of the cheek, or an invincible apprehension or fear, or the like, I can stop them so that they shall neither Ake, Putrisie, or smel ill.

I have the best secret in the world, absolutely and infallibly, to make teeth

most perfectly white and clean, though never so black and rusty.

Fore-teeth that are loose, I can fasten very wel in lesse then half an hour.

I can set in Artificial Teeth, so wel that none can possibly know them from

natural ones.

Finally, I cannot choose but convince their ignorance, that are against drawing Teeth or Roots; Their common solish Objection is, That I doe it more for my own profit then the Patients ease. I say they may as well Object against all orther Arts, Sciences, or Trades in the world; for it is evident and clear, that the drawing of teeth from others is as necessary for them, as the profit is for me; by reason that all the Art in the World cannot make a perished Tooths found again, nor hinder it from infecting the next adjoyning teeth in time. Besides hollow teeth breed often stinking breath, a canker in the mouth, and other diseases in the body, and their intolerable aking is able to make a body fall into

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dangering Reavours; all which inconveniences may be flummed by buring the teeth and roots mearly deaven.

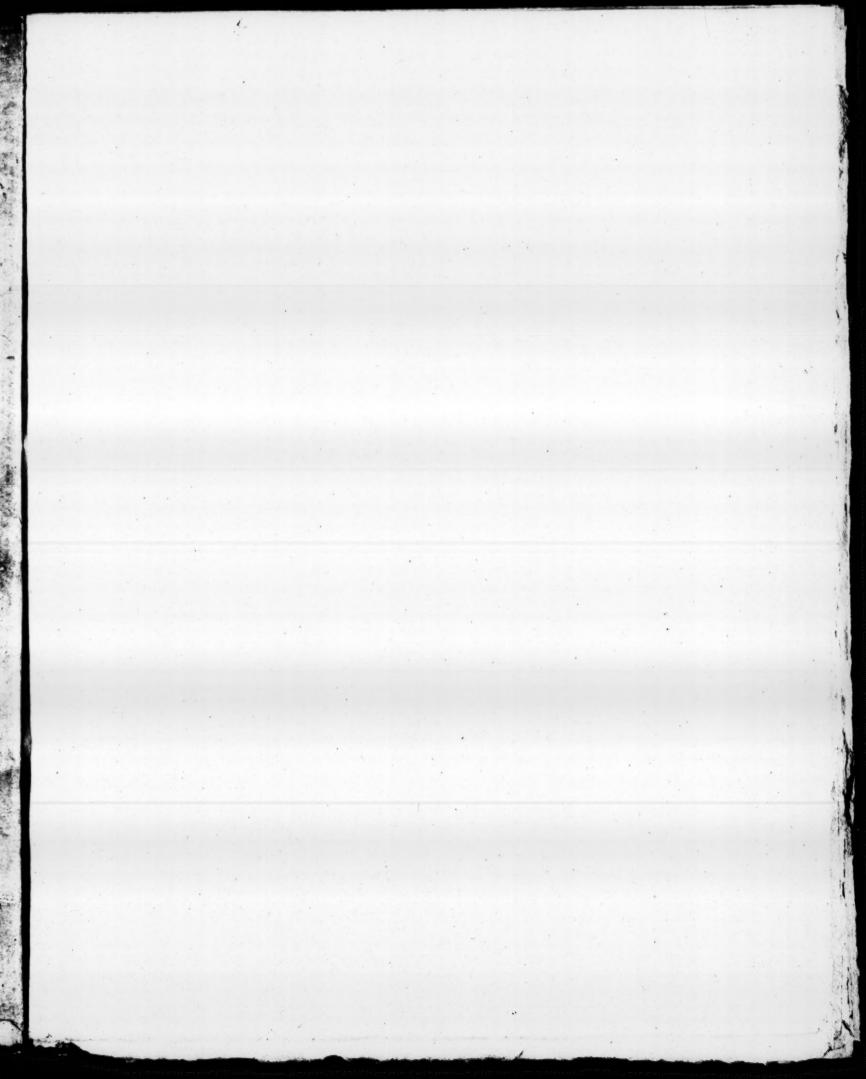
Lattly, if it be true that it is good to take the broken from the whole, co that one leabled there may spoil a whole fleck, or that it is good and may be try to repair impersections of nature with fire, then all that I have faid have a representation of parties with fire, then all that I have faid have an experimentally lates find a second or the second or rrue, we to I rest fully fatisfyed

To conclude, as there is no man free from the afperfions and flanders of envious tongues, fo I fhall think my felf fufficiently vindicated, that the discreeter fort will fulpend their judgement at the first view untill they hear what lothers will fay that have been under my hands; for l'defire no other praise fave, what they can justly give me : and though some out of ignorance, or malice, or both, cannot distinguish be-tween an Operator and a Cheating Mountebank; yet none can deny but that in all focations there are some bonest mensurement as knower, both which I heartily wish may refer, and fare as they deferve and no otherwife

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dangerous Feavours; all which inconveniences may be shunned by having such

teeth and roots nearly drawn.

Lastly, if it be true that it is good to take the broken from the whole, or that one scabbed sheep may spoil a whole flock, or that it is good and necessary to repair imperfections of nature with Art, then all that I have faid herein is true, and fo I rest fully satisfyed.

To conclude, as there is no man free from the aspersions and standers of envious tongues, fo I fhall think my felf sufficiently vindicated, that the discreeter fort will suspend their judgement at the first view untill they hear what fothers will say that have been under my hands; for I desire no other praise save, what they can justly give me : and though some out of ignorance, or malice, or both, cannot distinguish between an Operator and a Cheating Mountebank; yet none can deny but that in all Vocations there are some honest men, as well as knaves; both which I heartily wish may prosper, and fare as they deserve and no otherwise

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